



The mission of Garrett County Community Action Committee, Inc., is to improve the quality of life for people in need by empowering them to become more self-sufficient and by providing essential services in collaboration and cooperation with partners.

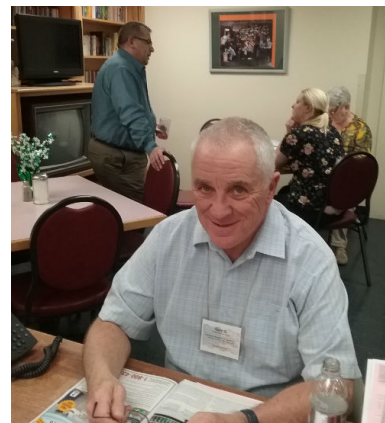
Visit our website

Make April 18th a Breeze!

VITA Volunteers Take the Stress Out of Tax Preparation

Free tax preparation is available by **IRS certified volunteers** at Community Action. Last year VITA volunteers prepared 474 tax returns, resulting in \$1,160,816 federal refunds and \$208,749 in state refunds saving over \$100,000 in fees for participants.

Email VITA



Long time VITA volunteer, Gary Galloway welcomes people to the VITA program. In the background Gino Mauricci works with a participant.

VITA Hours Now thru April 13

Tuesday 12 PM to 4 PM
Wednesday 4 PM to 7 PM
Thursday 12 PM to 4 PM
Saturday 10 AM to 2 PM

Tax preparation sessions are held at the [Mary Browning Senior Center, 104 East Center Street, Oakland, MD 21550](#). Special sessions are scheduled at select Head Start sites. Call for more details or [click here to learn more about what to bring](#).

Call and Schedule a VITA Appointment Today

Please Call 301-334-9431 ext. 6147 for additional information or email

Email for Appointment

Did You Know?

Flowery Vale Fitness Center Expands Membership Offerings

Under the leadership of Ms. Barbara Friend, Director of the Flowery Vale Fitness Center, hours and program offerings expand for seniors at the center. Staying fit combats the effects of chronic diseases like High Blood Pressure, Diabetes, elevated cholesterol and arthritis. Members focus on staying fit, learning about healthy aging, and having a good time meeting new friends.

Membership is open to those over 50 years of age; however, individuals with health goals related to prevention of chronic health conditions will be considered.

To learn more about the Flowery
Vale Fitness Center click [HERE](#) or
call 301-746-8050



In Case You Missed It...

Leadership Garrett County Visits GCCAC

A group of 41 "leaders in training" comprising 'Leadership Garrett County' recently visited GCCAC. Accompanied by Mike Tumbarello of the Garrett Information Enterprise Center (GIEC), the group spent the day traveling to learn about health and human services throughout Garrett County.

Duane Yoder, President, of GCCAC provided an overview of the start of Community Action nationally and locally, the impact of GCCAC's community role and efforts as well as detailing our shift in service and program delivery utilizing the 2-Generation approach.



Click [here](#) to learn more about Leadership Garrett County

Senior Medicare Patrol Presentation Grantsville

Senior Medicare Patrol (SMP) is a program that empowers and assists Medicare beneficiaries, their families and caregivers to prevent, detect and report health care fraud, errors and abuse through outreach counseling and education.

On January 24, 2017 volunteer Horace "Jody" Theriot gave a presentation at the Grantsville Senior Center on the SMP program. The 11 beneficiaries in attendance received a presentation on how to protect, detect and report Medicare fraud. It's the first of a series of presentations on the SMP program of Garrett County. If you're interested in attending one of the future presentations on the SMP program please contact the SHIP/SMP Coordinator 301-334-9431 ext. 6140 for more information. Below is a short video of the presentation.



Jody Theriot, trained SMP volunteer, presents at the [Grantsville Senior Center](#), January 24, 2017

[More Information on SMP and SHIP](#)

[Learn about Preventing Medicare Fraud](#)

[Donate](#)

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